



**COSP
for
Dads**

Circle of Security Parenting

8 week parenting program to develop secure relationships and stronger bonds with children.



Term 4
2024

LAWSON

A group for dads that teaches you how to support and strengthen the parent-child relationship.

This 8 week program will teach you how to be a bigger, stronger, wiser, and kinder parent. *Circle of Security Parenting* is based on decades of research about how secure relationships can be supported and strengthened.

The program will cover:

- Understanding your child's behaviour
- Help your child feel secure in relationships
- Navigating your role as parent in tough times
- Supporting your child in managing difficult behaviours, tantrums and meltdowns

Register now via our secure online portal



REGISTER ONLINE



[Click here to register:](#)



Where: Heatherbrae
1 Benang Street Lawson

When: Wednesdays
23rd Oct - 11th Dec
6:30pm - 8:00pm

Cost: FREE

For registrations and more information contact:

Phone: 4720 6500

Email: groups@gatewayfamilyservices.org.au



Evening session



Father's group



We acknowledge and respect the Traditional knowledge holders and custodians of the land on which we work, the Darug and Gundungurra people.

